

## Important Information Regarding Next 12 Days

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15 August 2020 at 15:58

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15th August 2020

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Kia ora whānau

The announcement by the Prime Minister at 5.30pm yesterday has confirmed that we will continue in Covid-19 Alert Level 3 until at least midnight on Wednesday, 26 August.

The good news is that we are prepared for this and have systems in place that are far more advanced than what they were earlier this year.

Below is further information regarding timetable, form periods, video sessions, submissions of work etc. However, we would also like to highlight the following:



1. For Year 9 and 10 students, this is a great opportunity to share the Reading Plus programme with your parents. This is one of the greatest initiatives to have come out of the previous lockdown. Reading Plus can be used on a phone, tablet, iPad or computer. We know it helps with improving literacy skills.
2. It is vital to wake up and get up! On behalf of all teachers of Years 9 to 13 students, we encourage students to get a good night's sleep and get up early to tackle the day with a "can do" attitude. Mindset is everything!
3. If you wish to borrow a device from the school, please contact our IT technician, David Keenleyside at [technician@gc.ac.nz](mailto:technician@gc.ac.nz) to organise this.

### **Timetable**

The timetable resembles our school timetable closely, with 40 minute scheduled lesson times and the following lesson starting 20 minutes later. This gives students time to either complete some of the work generated by the lesson, or to relax and get organised for the next period. Students, especially seniors, might still be expected to complete tasks after the school day (ie after 1.30pm).

### **Form Periods**

These will be held on Wednesdays at 1.10pm.

### **Video Sessions**

As per the previous lockdown experience, these will only occur during a Period 2 or 4. Students will be warned well ahead of time that a lesson will be conducted via video.

### **Submissions Times**

At least 48 hours will be allowed for work to be submitted.

### **Timetable**

The timetable below will apply at Glenfield College from Monday, 17 August (Day 3):



<b>Times</b>	<b>Lesson/Activity</b>
9.00 – 9.40	Period 1
10.00 – 10.40	Period 2
11.00 – 11.30	Morning Break
11.30 – 12.10	Period 3
12.30 – 1.10	Period 4
Wednesday only – 1.10 – 1.30	Form Period
1.30 onwards	Catch up/ completion of work especially for Seniors

<i>Day and Date</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Date	17 Aug	18 Aug	19 Aug	20 Aug	21 Aug
Day	3	4	1	5	6
Date	24 Aug	25 Aug	26 Aug	27 Aug	28 Aug
Day	1	2	3	4	5

Please note that Wednesday, 19 August is now Day 1 as this was previously Mentoring Day.

### **Upcoming School Events Postponed**

All upcoming school events are postponed until further notice. This includes:

- \* School Ball
- \* All sport
- \* Mentoring Day
- \* Sports photos
- \* Lumino Dental visit for Seniors

Further information on these events will be provided, once it is available.

### **Collection of Resources from School**

On Monday, 17th August, between the hours of 9am and 12pm students will be allowed to enter the School and collect any resources required for their work from home. You **must** contact your teacher prior to Monday to let them know you will be coming in so they can meet you there. On arrival you must register your presence using the NZ Covid Tracer App. The school's QR code will be displayed in the front entrance. Students must wear face masks and adhere to all other Covid precautions and restrictions.



If you have any queries about anything related to the content above, please contact [admin@gc.ac.nz](mailto:admin@gc.ac.nz).

Stay safe and take care.



### SchoolTV: Special Report: Riding the Corona Coaster

For most of this year, families have been navigating the ups and downs of a new reality involving remote learning, working from home and lots of family time. The latest turmoil is focused on Victoria, with the state being in various stages of lockdown. However, a second wave of the pandemic is starting to impact other areas of Australia and New Zealand.

Young people may find this second lockdown more challenging than the first with many mental health professionals concerned about an increase in youth anxiety,



depression and substance abuse. Adult carers are encouraged to take the lead by being pro-active in creating a scenario where everyone at home can be less anxious and better organised. As a family, it is important to focus on what worked, and what didn't work, last time.

Adult carers may see this as an opportunity to teach their kids the skills required to manage uncertainty in order to become more resilient. Communication will be key — finding out what they know, understanding what they need to feel safe and helping them focus on the things they can control.

Please consider, if you or a family member is struggling, consult a medical professional.

Click [here](#) to view the SchoolTV special report.

**Phone lines:**

**Youthline:** 0800 376 633

or txt 027 4 youths

**Domestic Violence Centre:** 09 303 3939

**Sexual Abuse Help:** 09 623 1700

**Pasifika Health Services:** 09 828 4307

**Parenting Place:** 09 524 0025

or 0800 535 659

**Kari Centre emergency line:** 0800 800

717

**Whirinaki:** 09 265 4000

after hours 0800 775 222

**For immediate help call 111**

**Websites:**

**Depression:** [thelowdown.co.nz](http://thelowdown.co.nz)

or [depression.org.nz](http://depression.org.nz)

**Drinking and drugs:** [alteredhigh.com](http://alteredhigh.com)

**Body image and eating**

**issues:** [ed.org.nz](http://ed.org.nz)

**Internet safety:** [netsafe.org.nz](http://netsafe.org.nz)

**Autism Spectrum**

**Disorder:** [autismnz.org.nz](http://autismnz.org.nz)

**Parenting Place:** [theparentingplace.com](http://theparentingplace.com)

[Toolbox Parenting Courses](#)





with Glenfield College in some way.

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